**Kingsway Power Netball Club**

**Welcome Pack**

(Affiliated to the All England Netball Association)

We hope that your time at Kingsway Power is an enjoyable and successful part of your netballing career.

Please find enclosed the relevant information that you will need for your time at the club. If there is anything that we have not covered, please ask your daughter’s team manager, they are there to help.

You are part of an elite club and we are out to win as many titles/trophies as we can. Training will be tough and selections may or may not go your way. Netball is a rollercoaster and there will be huge highs and massive lows. You have to be mentally tough and resilient. We are here to help you go as far as possible in your netball career. Please have realistic expectations and every player will have a different path. Be patient, work hard and reap the rewards. We are here to help and guide you along the way.

**Monthly Payments**

Monthly subscriptions are £30.00. This includes your Training and Local League match fee. All other fees relating to Tournaments and other Leagues shall be paid on the day, costs may vary depending on the entry fees.

Subscriptions are to be paid by standing order, and to come out on the 1st of each month:

Kingsway Power Netball Club

Sort Code: 010338

Acc. No.: 33454310

Ref: Player’s name

**Kit – Speak to your Team Manager**

Essentials:

* Training Top (KWP) and black shorts/skort/leggings
* Club Socks
* U12s-U14s KWP Viper10 dress, warm up top, tracksuit
* U8s – U11s KWP match day top and skort, KWP hoody

There are several other items available to order including apparel and accessories, please see the website’s club shop for further details.

All players must ensure they have appropriate footwear, we would recommend Asics or Mizuno netball trainers which can all be purchased online from the many suppliers found on search engines. Speak to your coaches for any recommendations. No fashion trainers are permitted.

**Registration Forms**

Each new player is required to complete our registration form and associated documentation. All of which are attached in this document.

Please return completed forms via email to your daughter’s team manager, who will forward them on to our Club Secretary.

Every child is entitled to feedback on their progress either by the coach covering their training session, or by our Head Coach, Lauren Palmer (laurenpalmernetball@gmail.com) Please speak to coaching staff before training and not after please.

Finally, KWP NC is run totally by a team of dedicated volunteers. These volunteers often give up more than eight hours a week of their time. As a club, we do NOT tolerate any abuse towards its staff by players or parent/guardians. Any such behaviour will be dealt with accordingly.

**Club Rules**

* As well as playing to win – play to learn.
* You are affiliated to KWP so must only play/compete for KWP on a club level. We do not permit players playing for multiple teams
* Always abide by the rules.
* Never argue with an umpire. If you have a question, ask your captain to approach the umpire at half time or after the game in a calm and courteous manner to get clarification.
* Never use abusive language towards another player, umpire or spectator.
* Appreciate and accept that you are a member of the squad and that you might not start every game, or play every game in the position you want. What is best for the team comes first! We will always do what we can to help you progress as an individual, but sometimes the needs of the team have to be put first.
* Treat your opponents as you would like to be treated yourself. Respect your opponents. Without them you have no game.
* Respect yourself, your team mates, your coach/manager and your parents. Be polite and respectful to any adult or official. No negative or offensive comments to your team mates/coaches/umpires will be tolerated.
* At the end of the game give handshakes and three cheers. The captain must thank the umpires.
* Follow the club kit policy, always attend presentable and always in full kit no fashion/franchise hoodies etc.
* Be conscientious with your training, diet, lifestyle and time keeping.
* Warm up properly – good warm up could prevent injury.
* Don’t ignore aches and pains – if you are injured, or think you are tell your coach.

**Sports Equality**

The Club is committed to ensuring that equality is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity, so far as this is applicable to an individual netball club: Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.

The Club respects the rights, dignity and worth of every person and will treat everyone fairly within the context of their sport. A copy of the Club’s Sport Equality Policy is available via your Team Manager or KWP Club Secretary.

**Important Contact Details**:

KWP Club Safeguarding Officers

Amanda Thompson email : [loweamanda@hotmail.com](mailto:loweamanda@hotmail.com)

Donna Taylor email: [deemarie75@gmail.com](mailto:deemarie75@gmail.com)

KWP New Member Appointed Person:

Anna Lees - contact via <https://kingswaypowernc.com/contact/> - listing Anna as the person you want to contact

KWP Club Junior Representative

Libby Goodman – contact via <https://kingswaypowernc.com/contact/> - listing Libby as the person you want to contact

If you have any queries please contact your Team Manager in the first instance or you can use <https://kingswaypowernc.com/contact/> which will be answered within 48 hours.

**CODE OF CONDUCT FOR JUNIOR PLAYERS**

**As a KWP Player I Will:**

* Follow the rules, regulations and requirements of the Sport, including, but not limited to, any competitions in which I participate either directly or indirectly.
* Respect the rights, dignity and worth of all people involved in netball, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion.
* Promote KWP in a positive light and always behave responsibly when representing the club. Refrain from making any inappropriate comments about a team mate, coach, official, volunteer or member of KWP that will bring the Sport or those associated with delivering the Sport into disrepute.
* Behave responsibly on social media and refrain from making negative comments on social media associated with the club.
* Always attend sessions and matches in the appropriate kit. Don’t wear fashion hoodies/trainers etc – club kit should be worn at all times. Always make sure you have short fingernails and hair tied back, no jewellery to be worn.
* Ensure all phones are turned on silent and away in kit bags, we don’t expect to see girls on their phones at sessions. If athletes are found to be on their phones at training/matches, we will ask that they are not brought with them.
* Respect all umpires, opposition, club staff and team mates and treat them as you would like to be treated yourself.
* Be on time and give my full effort and attention in all I do for KWP.
* Recognise that individuals bring different qualities and attributes and we will follow our path on the pursuit of excellence.
* Be a TEAM player and recognise the achievements of others and applaud their successes.
* Not impinge on others enjoyment of the Sport or my performance by consuming alcoholic drinks or smoke immediately prior to or while participating in the sport, or while safeguarding children, young people or vulnerable adults.
* Display modesty in victory and graciousness in defeat; be sporting – whether I win or lose; always acknowledge the other team and the umpires at the end of the game with a hand shake or three cheers.
* Never argue with an official or participant during a game and listen to and cooperate with officials’ decisions.
* Control my temper; I understand that verbal, emotional and physical abuse of officials, coaches, spectators or participants, or deliberately distracting or provoking a participant, coach or official is not acceptable or permitted behaviour in netball.
* Enjoy the game and ensure other can also enjoy it.

I will endeavour to abide by this code of conduct and promote it to others.

**I understand that if I fail to follow the code, England Netball, the Regional Association or the County Association may take action against me under the Disciplinary Regulations which may result in Sanctions including fines and suspension.**

**Sign…………………………………..(Player)**

**Print……………………………….....**

**Sign………………………………….. (Parent if under 18)**

**Date……………………..**

**PLAYER REGISTRATION FORM**

Name ………………………………………………………………………

Contact Telephone Number : ………………………..

Date of Birth: …………………………

Parents/Carers Name: ……………………………………………………………………………..

Address : ……………………………………………………………………………………………..

…………………………………………………………………………………………………………

Post Code: ……………………………………………………………….

Emergency Contact Number(s) ……………………………………………………….

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| **Medical Information**  Please advise us if your child suffers from any allergies, takes any medication or has any other medical condition we should be aware of. |
| **Dietary Information.** |
| **Other information**  **E.g. Learning difficulties/mobility problems/disability information etc.** |

Signature of Parent (all players currently 18 years) to consent to your daughter joining Kingsway Power Netball Club

Signed………………………………….. (Parent if under 18)

Date……………………..

**SOCIAL MEDIA –**

**ACCEPTABLE USE AGREEMENT**

It is important that everyone in the netball family understands what the potential risks involved in the use of social media are and how these can be managed.

**I understand that:**

* I must tell my Club Safeguarding Officer or an adult I trust about any behaviour/material/posts or contacts I feel worried about;
* I am responsible for my behaviour when using social media and texts related to others and the sport of netball, including anything re-posted;
* I must not swear, use bad language or say anything hurtful on social media;
* It is not safe to provide my own/or other people’s personal details such as: name, address, age and contact numbers;
* My parent/carer may be contacted if needed as a result of my misuse of social media in the sport of netball.

**I will never:**

* bully, show aggression, harassment or post anything unfriendly, hurtful or inappropriate on social media or text;
* share my own or the club password with anyone;
* arrange to meet anyone without the knowledge and consent of my parent/carer;
* deliberately browse, download, access or post any material that could be offensive, threatening or illegal.

**I have:**

* Read and understood the England Netball Social Media Guide for u16’s; and
* Understood that any breach of the expected conduct will be addressed by the club chair and/or the Club Safeguarding Officer who will inform my parent/carer.

Signed………………………………….. (Player)

Print……………………………….....

Signed………………………………….. (Parent if under 18)

Date……………………..

**Club Photo/Media Consent Form**

Name of Player

Address

Team

I do / do not (delete as appropriate) consent to photographic and or videos of my child being used during the forthcoming season captured during games or training sessions, for the purpose of continuing the development of the players Netball Skills, Techniques and Tactical awareness and to publicise the Club and it’s successes on social media.

I shall notify you in writing should I wish to review this decision.

Name of Parent/Guardian

Signed (Parent/Guardian)

**Club Squad Agreement (Players)**

As a member of the squad, I fully understand and agree to the following conditions:-

* I realise that I have been selected as a member of the squad for my ability, commitment and hard work. As a member of the squad I will endeavour to work hard to make the Squad a success.
* I will support and respect fellow Squad members at all times. I know that negative comments or intimidation towards other Squad members will not be accepted and that such comments can only demoralise a fellow member.
* Squads for tournaments will be selected by the Team Coach and Head Coach. I am fully aware and happy that if selected, I may have to share my position and in some cases player fewer games than other Squad members.
* Squads for tournaments will be selected by the Team Coach and Head Coach. I realise that such selections will be based on my performance and development during training and local league games.
* I will at all times respect any decisions made by my Coach or Manager. I understand that Squad selections are made to win games and not glorify individuals. If for some reason you cannot attend training, please let your team Manager know.
* Fingernails must be cut to the appropriate length and all jewellery removed. Hair must be tied back.
* Hydration is very important. It is your responsibility to bring sufficient fluids to training sessions. i.e. One litre of water and one energy drink. NO fizzy drink. Also one chocolate bar/energy bar may be allowed to each session.
* Registration will be taken prior to the start of each session. If you are injured or ill, please let the person who is taking the registration know.
* Discipline is extremely important. Any girl who is found to be disrupting training will be asked to sit out for the rest of the session. The matter will then be further discussed with your parents/guardians. If the disruption re-occurs, the matter will be reported to the committee.
* Respect who you are training with. Intimidation towards other squad members will not be accepted and will be treated as a discipline matter.

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| **Player and Parent/Guardian** | **Club Representative** |
| Player Sign ………………………….. | Sign ……………………………….. |
| Print ………………………………….. | Print ……………………………….. |
| Date ……………………… | Date …………………… |
| Parent/Guardian …………………….. | Position ……………………………. |

**Tournament Rules**

When selected for a tournament I understand as a player:

* That I have been selected due to my ability and good performances of late in matches and training.
* I will arrive at a tournament with a positive attitude and winning mentality.
* I will arrive in plenty of time and be fully dressed ready to start upon my arrival. If not please arrive earlier to allow time to strap up/do hair etc.
* All girls MUST wear full tracksuit and kit to tournaments. No other kit will be permitted. All fingernails must be cut short and hair in two French plaits with club ribbons/bobbles in.
* The players must report to their team manager on arrival.
* During the tournament players are there representing the club so we ask they conduct themselves positively at all times. There is to be no wandering off on their own or sitting with their parents. They are there as a team so need to stick together.
* Court time will be varied for every individual in the squad. Some positions may get more court time than others due to the positional split in the squads. By accepting your place in the tournament squad you are agreeing to play but also support the squad when off the court. You could come to a tournament and play one game all day or play every game. As coaches we aim to be as fair as possible but we have to put a team out we feel will get the best result in that particular game.
* Medals – win or lose always stand and applaud the opposition in presentations and where appropriate say thank you to the organisers.
* For the parents of girls selected to play in tournaments:
* Parents we ask that you allow the players to socialise as a team and keep your distance as much as possible. The players are more focused if they are all together in between matches and this builds up better team morale.
* We understand that you may be upset/frustrated with court time or positions played at a tournament but we ask that you do not make negative comments to the players or other parents and continue to support the team. The players pick up on comments made by parents and we want to work together as a team and for the club to have a positive atmosphere. After the tournament has finished please contact the appropriate coach (not manager) for feedback and they will happily send some pointers across or have a chat with you at the next training session.
* Coaches/managers are not to be approached at tournaments, they are there to focus on the tournament.
* We want our club to be portrayed in a positive light so any negative comments should not be aired in public. If you have any concerns please contact the appropriate coach, don’t let things fester as you can make the situation worse. Please have conversations early so that simple solutions can occur.